

Upcoming Extra Activities October 2025 (Over 50s)

**MONDAY
6TH
OCTOBER**

Musical Quiz

Do you know your Beatles from your Bee Gees? Your Elvis from your Elton? Come test your music knowledge in a **fun quiz full of songs, memories, and laughs. Bring your smile, your love of music, and maybe your dancing shoes!** Meeting at 2.40pm at the Inspire Centre. The café will be open to sell hot drinks, and delicious cakes until 3:00pm.

ADDRESS: INSPIRE CENTRE , 747 STOCKPORT RD, LEVENSHULME, M19 3AR

**MONDAY
13TH
OCTOBER**

Mask Decorating Workshop

Get creative this Halloween season! Join us for a fun afternoon of **decorating masks** — use decoupage, paint, feathers, gems, or glitter to make your very own unique design. **Whether you want spooky, glamorous, or just plain fun — it's all up to you!** Perfect to wear for Halloween... or to simply show off your artistic side. Booking & prepayment is necessary (Price £3.00, only 20 spaces). Meeting at 2.40pm at the Inspire Centre. The café will be open to sell hot drinks, and delicious cakes until 3:00pm.

ADDRESS: INSPIRE CENTRE , 747 STOCKPORT RD, LEVENSHULME, M193AR

**MONDAY
19TH
OCTOBER**

Sunday Lunch

Enjoy a delicious 3-course meal for just £8.00 (Vegetarian option available). It's an opportunity to meet new friends & there's nothing like sharing a meal with great company. **There is a church service beforehand, so we kindly ask you to arrive from 1pm. Pre-booking & prepayment is required.**

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**MONDAY
20TH
OCTOBER**

Happy Mondays: Film Club

Our Film Club is the perfect place to relax, watch great films, have fun, & making new friends! Choc-ice, popcorn & drinks provided. Film will be chosen by you on the day (£5.00)

TIME: 3:30PM-5:30PM

ADDRESS: INSPIRE CENTRE , 747 STOCKPORT RD, LEVENSHULME M19 3AR



SPOOKY HAPPY MONDAY!!

Spooky Happy Monday is creeping up, and you're invited! Join us for a frightfully fun afternoon packed with laughter, games, and enough candy to make your sweet tooth scream with joy! **Spooky Bingo**; team up & test your drawing skills in **Spooky Pictionary** (trust us, you'll want to be on Billy's team), and race to victory in **Mummy Wrap Challenge**! Whether you come dressed in full costume or just rock your favourite spooky accessory, we can't wait to see your Halloween spirit. **So mark your calendar and prepare for tricks, treats, and a whole lot of giggles. Muahaha! (2:45pm)**

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Save the date!

We've got two exciting things coming up – don't miss out!

Chester Christmas Market Trip Monday 24th November (Price: £20.00)

Taskforce Christmas Party at St Mary's Church Monday 8th December (Price: £20.00)

To secure your place, payment is required at the time of booking.

To book, please:

 Call or text: 07724 713563

 Email: tatiana.guzman@inspiredtaskforce.co.uk

 If you're at Inspire Centre, just ask for Tatiana at reception.



Important Notice

The **last Mindfulness Session** with Amanda will take place on: **Tuesday, 14th October.**

We are so grateful for the calm, care, and dedication she has shared during her time here. We are hoping to welcome a new mindfulness teacher in the New Year.

Thank you for your understanding.

Stay Connected with us!

Follow us to see what we're up to, stay updated on our activities, and be part of the journey. It's also something you can share with your friends & family so they can follow us too and see all the exciting things happening.

Website: www.inspiredtaskforce.co.uk

Facebook & Instagram: @InspiredTaskforce

